

**Consent and Acknowledgement COVID-19 Plan for
MCVD/LKS Nutrition Lab and Common Research and Non-Research Areas**

The health, safety and well-being of research staff and trainees is a top priority:

- Staff and trainees must follow the COVID-19 measures as outlined by the Chief Medical Officer of Health.
- Staff and trainees should work from home if they can do so, to prevent the spread of COVID-19 and reduce lab and common area occupancy
- Use of public transportation to travel to UofA should be avoided if possible
- Staff and trainees must stay at home if sick or have any COVID-19 symptoms.
- Only approved/registered research/support staff is allowed access to designated research areas.

University of Alberta Environment, Health and Safety has published a number of [guidelines](#) regarding shared spaces including wet labs, computer labs, administrative spaces and dry labs. You are required to ensure you are familiar with these procedures.

Below are **additional** detailed instructions for MCVD/LKS/Nutrition research staff and trainees should follow:

Wet labs:

1. Wash your hands with soap and warm water for at least 20 seconds upon entry into the laboratory (upon arrival and each time upon entry from a common space). Use any necessary PPE, as directed.
2. Contact tracing protocol: The PI keeps a daily log (# of people/location/arrival/departure) and adjusts staff working hours as necessary to ensure safe working environment. **Please download the Provincial Traceability App on your personal device.**
3. If physical distancing of 2m cannot be easily achieved (lack of space) then working in shifts (morning-afternoon-evening/night) will be considered. Each shift will leave on time and clear the hallways so people from different teams do not meet for the entire duration of physical distancing measures. Communication between the teams is done by text, email, Skype, Google Hangouts Meet, Zoom, etc. In person communication (lab meetings) can proceed as long as 2m distancing is maintained.
4. Mask and other appropriate PPE must be worn during activities requiring proximity (<2m) of two or more individuals (i.e. training, surgical or other procedures).
5. Clean and disinfect benches/equipment before and after use. **Keep a log for the use and wiping of equipment.**
6. **Disinfect bench surfaces, handles, doorknobs, doors and lab phones frequently.**
7. Research staff and trainees have the right to refuse unsafe work. Details can be found on the Government of Alberta [Occupational Health and Safety website](#).
8. The PI is responsible for compliance and required to provide documentation of training and appropriate communication.

Core Research Facilities/Common lab areas:

1. Physical distancing is in effect (2m).
2. Clean and disinfect instruments and shared equipment before and after use.
3. Follow all posted and/or staff safety instructions.

Common space etiquette (hallways, elevators, washrooms, lunchrooms, etc.):

1. Physical distancing in effect (2m). If areas are <2m then follow full PPE requirements.
2. Follow safety guidelines for shared research facilities (cores, common equipment rooms, etc.).
3. No hallway congregations/conversations.
4. No gathering for coffee/snacks/lunches in lunchrooms unless physical distancing (2m) can be safely maintained. Disinfect surfaces/handles of fridges/microwaves immediately after use.
5. Avoid overcrowding in elevators (no more than 2 people). Avoid touching your face after touching the button. Cover your cough. Wash you hands as soon as possible after exiting the elevator.

I (the undersigned) acknowledge that I have received appropriate training for the above procedures and agree to adhere to the necessary protocols as set out in the guidelines.

Name _____

Signature _____

Date _____